Sample Menu						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast: Cereal of Choice Egg of Choice Bacon or Sausage Biscuit and Gravy Juice of Choice	Breakfast: Biscuit and Biscuit Gravy Cereal of Choice Egg of Choice Bacon or Sausage Juice of Choice	Breakfast: Muffin Cereal of Choice Egg of Choice Bacon or Sausage Juice of Choice	Breakfast: Pancakes and Syrup Cereal of Choice Egg of Choice Bacon or Sausage Juice of Choice	Breakfast: Cereal of Choice Egg of Choice Bacon or Sausage Biscuit and Gravy Juice of Choice	Breakfast: French Toast Sticks and Syrup Cereal of Choice Egg of Choice Bacon or Sausage	Breakfast: Biscuit and Biscuit Gravy Cereal of Choice Egg of Choice Bacon or Sausage Juice of Choice
Milk of Choice Coffee or Tea	Milk of Choice Coffee or Tea	Milk of Choice Coffee or Tea	Milk of Choice Coffee or Tea	Milk of Choice Coffee or Tea	Juice of Choice Milk of Choice Coffee or Tea	Milk of Choice Coffee or Tea
Lunch: Roast Beef Scalloped Potatoes Green Beans Dinner Roll Frosted Cake	Lunch: Baked Pork Chop Black-Eyed Peas Turnip Greens Cornbread Banana Pudding	Lunch: Chili Pimento Cheese Sandwich Baked Apple Slices Peanut Butter Cake	Lunch: Chicken Tenders Honey Mustard Sauce Macaroni and Cheese Green Beans Dinner Roll Chess Pie	Lunch: Ham with Pineapple Whipped Sweet Potatoes Seasoned Cabbage Cornbread Italian Cream Cake	Lunch: Cheeseburger on Bun Onion Rings Relish Plate Chocolate Cobbler	Lunch: Chicken Parmesan Pasta Italian Vegetables Breadstick Cheesecake with Topping
Alternate: Pork Rib Patty Macaroni and Cheese Brussels Sprouts	Alternate: Chili Cucumber Onion Salad Cornbread	Alternate: Salmon Patty Cottage Potatoes Beets	Alternate: Grilled Ham Boiled Potatoes Seasoned Cabbage	Alternate: Shepherd's Pie Stewed Tomatoes	Alternate: Breaded Chicken Patty Buttered Noodles Broccoli	Alternate: Kielbasa Potato Salad Seasoned Cabbage
Supper: Sliced Turkey Gravy Rice Pilaf Green Peas Dinner Roll Stewed Apples	Supper: Fish Sandwich Tartar Sauce Tater Tots Cole Slaw Sugar Cookie	Supper:  Mushroom Chopped Steal Hashbrown Casserole Baby Carrots Dinner Roll Fruit Cocktail with Whipped Topping	Supper: Cream of Broccoli Soup Crackers Bologna and Cheese Sandwich Lettuce and Tomato Peach Half with Cottage Cheese	Supper: Smothered Chicken Creamed Potatoes Gravy Mixed Vegetables Dinner Roll Pineapple with Mandarin Oranges	Supper: Country Fried Steak Gravy Lima Beans Seasoned Yellow Squash Dinner Roll Strawberries in Gelatin with Whipped Topping Sugar Cookie	Supper: Tomato Soup Crackers Grilled Cheese Sandwich Breaded Vegetable Sticks Cherry Cobbler
Alternate: Cheese Omelet Marinated Tomato Salad Muffin	Alternate: Chicken Nuggets Creamstyle Corn Fried Okra	Alternate: Cheese Pizza Mixed Green Salad Dressing of Choice	Alternate: Cheese Ravioli Italian Vegetables	Alternate: Herb and Lemon Fish Rice Pilaf Seasoned Peas	Alternate: Vegetable Soup Crackers Bologna Sandwich Fruited Gelatin	Alternate: Meatloaf Mashed Potatoes Gravy Spinach